

Choose the right place for care and save



For many services, where you receive care can affect what you pay. When it is safe and appropriate for your care, choosing a lower-cost setting instead of a hospital setting may help you save.

Where you get care can affect what you pay

Some services do not need to be performed in a hospital setting. Freestanding facilities often specialize in specific types of care and may offer a lower-cost option for services such as imaging, lab work, outpatient surgery, and physical or occupational therapy. These facilities:

- Focus on specific procedures or services
- Follow established clinical and safety standards
- Deliver high-quality care

Learn about how choosing the right provider can help you save on out-of-pocket costs at **ibx.com/waystosave** or call your Champion at **1-833-444-2583**.

You may reduce your out-of-pocket costs for the following services when you choose a freestanding facility.*

Service	 Outpatient surgery (e.g., cataract surgery, hernia repair, ACL repair)	 Routine imaging (e.g., X-ray, ultrasound, basic diagnostic imaging)	 Complex imaging (e.g., MRI, CT scan, PET scan)	 Physical therapy (PT)/Occupational therapy (OT)	 Lab services (e.g., blood work, urine tests, diagnostic testing)
Lower-cost setting	Freestanding ambulatory surgery center facility	Freestanding radiology facility	Freestanding radiology facility	Freestanding PT or OT facilities	Freestanding laboratory location (e.g., Labcorp)
Higher-cost setting	Hospital outpatient department	Hospital-based imaging	Hospital-based imaging	Hospital outpatient therapy departments	Hospital-based laboratory

How to find lower cost settings

- 1. Talk to your doctor.** Ask if your service can be performed in a non-hospital setting.
- 2. Use IBX tools.** Use the Find a Doctor tool after logging in at **ibx.com** or on the IBX mobile app to find in-network settings. Search by typing “freestanding settings” under *Places by Type*.
- 3. Call your Champion.** Need extra help? Your Champion can help you find lower cost settings for your care. You can reach your Champion at **1-833-444-2583**.

*Does not apply to capitated services for HMO members, including radiology, PT/OT, and lab services.

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