

Improve health outcomes with a more personalized approach to care



Introducing your Kidney Care Management Solution

Highmark is pleased to offer a new whole-person approach to kidney health management for conditions such as chronic kidney disease (CKD) and end stage renal disease (ESRD).

This care management program works to provide early detection, while slowing disease progression and reducing adverse events that can lead to poor outcomes.



Kidney disease affects 37 million U.S. adults and is the 10th leading cause of death in the U.S.¹

The program enhances the physician to member relationship by offering:



- **Medication management** – Including medication review to help manage declining kidney function and reduce harmful effects.
- **Coordinate specialist care** – So members get the appropriate care to slow disease progression.
- **Social determinants of health planning** – Improved access to care, including home aides, customized meals, home visits, dialysis, and more.
- **Member education and planning** – Improved preventive care compliance to reduce end stage renal disease-related crashes, improved planned vascular access, diet control, and early transplant planning.
- **Appropriate dialysis site of service planning** – To aid providers in identifying which members are the best candidates for in-home dialysis, which enhances convenience and quality of life.

Early identification and slowing the progression of kidney disease is key to helping members live their best lives. Contact your Highmark client manager to learn more about the program's whole-person approach to care.



Because Life.™



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¹ CDC, 2021

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