

# Make one call for all your health care needs



**With your Independence Blue Cross coverage, you have a Champion to support you! Your Champion is ready to help you live your healthiest life and make the best decisions based on your health plan.**

We want to make sure you have the support you need along your unique health journey. You can count on your Champion for all your health care needs.

With one call, you can get:



**Information about your benefits** from someone who is trained specifically on your health plan and ready to help you get the most out of it



**One-on-one support** from your Registered Nurse Health Coach for your physical, mental, emotional, and even financial well-being — and personalized outreach based on your health



**A multi-specialty care team** to help you navigate your health care journey

To reach your Champion, call **1-833-444-BLUE (2583)**.

## Get connected to maximize your benefits

Sign up to receive text alerts from Independence Blue Cross, and you'll get:

- Personalized reminders about your health, such as annual visits and screenings
- Notifications about important plan information
- Alerts to help you learn more about benefits you may not be taking advantage of

Visit **[ibx.com/getconnected](https://ibx.com/getconnected)** to enroll.

Independence Blue Cross offers products through its subsidiaries Independence Assurance Company, Independence Hospital Indemnity Plan, Keystone Health Plan East, and QCC Insurance Company — independent licensees of the Blue Cross and Blue Shield Association.

**Independence**

**PAISBOA**  
Health Benefit Trust

**IBX**