

Get rewarded for your healthy choices



As a PAISBOA Health Benefit Trust member, you can earn \$200 in gift cards just by completing five healthy actions!

With **Achieve Well-being**, you can bring healthy habits within reach. This online program offers a personalized set of well-being tools and resources to help you achieve your health goals in a way that's simple, easy, and fun. And as a PAISBOA Health Benefit Trust member, you'll get rewarded!

Enrolled spouses/partners of PAISBOA Health Benefit Trust members are eligible to participate in the program.

.....

Log in today at ibx.com to start earning your rewards!

.....

You'll earn \$200 in gift cards when you complete all the following activities:

- Visit Your PCP for your annual checkup and routine lab work.
- Complete an eligible preventive health screening.*
- Complete your Well-being Profile (takes about 15 minutes).
- Complete a vision or dental exam.
- Opt in for IBX Wire® to get important plan notifications, health screening reminders, and information about your rewards progress by text. To sign up, text [IBX Wire](https://text.77576.com) to [77576](https://text.77576.com).

After completing all five activities, you'll earn \$200 in gift cards. You may redeem your reward once per plan year (now through October 31, 2025).†

* You can find a list of preventive services that are part of the Achieve Well-being program when you log in at ibx.com. Go to the *Health & Well-being* tab, and click on the Achieve Well-being section.
† IRS rules require that the gift card(s) be reported as income.