



CHOOSE THE RIGHT PLACE FOR CARE AND SAVE

For many services, where you receive care can affect what you pay. When it is safe and appropriate for your care, choosing a lower-cost setting instead of a hospital setting may help you save.

WHERE YOU GET CARE CAN AFFECT WHAT YOU PAY

Some services do not need to be performed in a hospital setting. Freestanding facilities often specialize in specific types of care and may offer a lower-cost option for services such as imaging, lab work, outpatient surgery, and physical or occupational therapy. These facilities:

**Focus on specific
procedures or services**

**Follow established clinical
and safety standards**

Deliver high-quality care

You may reduce your out-of-pocket costs for the following services when you choose a freestanding facility

SERVICE	 Outpatient Surgery (ex.: cataract surgery, hernia repair, ACL repair)	 Routine Imaging (ex.: x-ray, ultrasound, basic diagnostic imaging)	 Complex Imaging (ex.: MRI, CT scan, PET scan)	 Physical Therapy (PT)/Occupational Therapy (OT)	 Lab services (ex.: blood work, urine tests, diagnostic testing)
LOWER-COST SETTING	Freestanding ambulatory surgery center facility	Freestanding radiology facility	Freestanding radiology facility	Freestanding PT or OT facilities	Freestanding laboratory location (e.g., LabCorp)
HIGHER-COST SETTING	Hospital outpatient department	Hospital-based imaging	Hospital-based imaging	Hospital outpatient therapy departments	Hospital-based laboratory

HOW TO FIND LOWER COST SETTINGS

1. Talk to your doctor:

Ask if your service can be performed in a non-hospital setting.

2. Use Highmark tools.

Use the Find A Doctor tool after logging in at myhighmark.com or on the My Highmark mobile app to find in-network settings.

3. Call premier member services

Need extra help? Your premier member service team can help you find lower cost settings for your care. You can reach them at 844-946-6218.