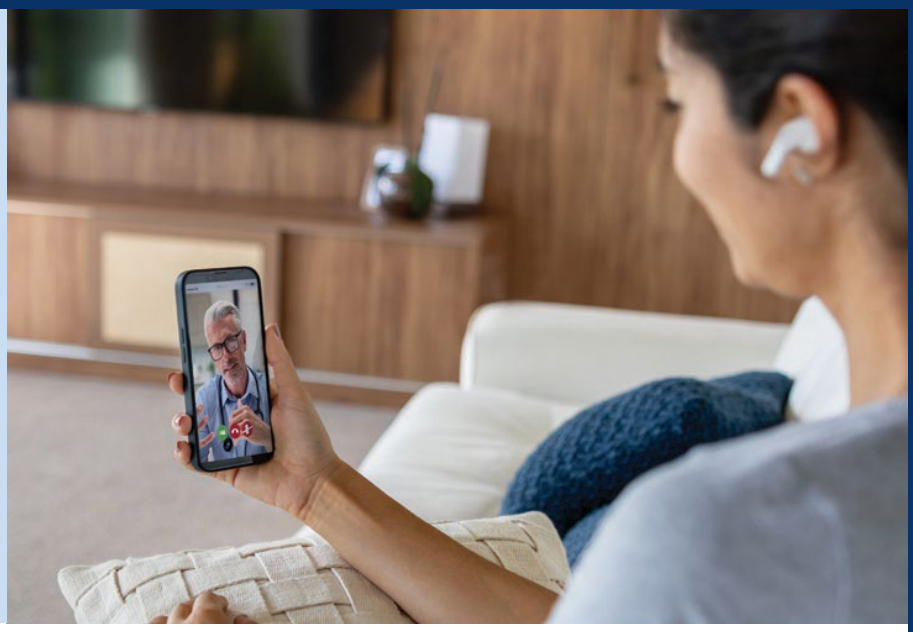
## Welcome to Well360

# Virtual Health



**Save time and get care — wherever it's convenient for you.** With virtual visits, you can see a provider for symptoms and conditions that can be treated from home. You can even have prescriptions and refills sent to your preferred pharmacy.*

## You also have virtual access to:

### Urgent care

Doctors are available 24/7 to treat minor injuries and ailments like colds, flu, sprains, ear pains, and more.

Please note, **virtual behavioral health** will be available through Spring Health beginning on November 1, 2026. Log in to your Highmark member portal to schedule a virtual appointment with a Spring Health provider.

**Good news:** To keep all your health in one place, Well360 Virtual Health is now exclusively available in the **My Highmark app** under the **Get Care** section.

Just scan this QR code to download the app or visit the website at **MyHighmark.com** to get care today.

HIGHMARK.

Because Life.™

*Health professionals can prescribe medication, but at this time are not able to prescribe any narcotics.